

LINKAGE

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基金支持「雪龍2」號訪港活動
The Foundation supports the activities for
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大灣區共同家園青年公益基金
Greater Bay Area Homeland Youth Community Foundation

行政總裁的話 CEO's Message

“增強粵港澳大灣區青年之間的交流 助力香港青年融入國家發展的機遇”

今年是中央政府發佈《粵港澳大灣區發展規劃綱要》五周年，回顧過往五年來，粵港澳三地進一步深化合作，充分發揮三地綜合優勢，促成區內的深度融合，推動區域經濟協同發展，成績有目共睹。

基金今年亦踏入五周年，透過多年來的主辦及資助項目，已讓香港青年認識更多關於大灣區發展為他們帶來升學、就業、創業等方面的機遇。在今年第一季，我們繼續支持多元化的項目，包括主辦的機械新人類 2023/24- AI 工程師之旅計劃已圓滿結束，28 支隊伍於挑戰賽中展示培訓成果。資助了青年自然生態導賞員計劃，受訓學員亦已完成導賞體驗，帶領了約 1,500 名香港青少年認識及保育大自然風貌。基金早前亦支持國家國寶級極地破冰船「雪龍 2」號首次訪港，於 4 月 10 日在香港科學館合辦「『雪龍 2』號科學家 x 香港學生對談」，讓香港青少年近距離與科學家互動交流，了解國家在極地科研上的成就。4 月中旬，第四屆的「創明天獎學金」頒授典禮亦順利舉行，今屆共收到逾 250 個申請，評審團在當中選出 16 位得獎者，他們除了品學兼優，更熱心服務社會。

除此以外，基金亦關心本地青少年的精神健康問題，與經濟通合作推出全新「說說心理話」影片系列，以真人真事案例分享，邀請心理學家或醫生對談，希望從中能支援青少年了解及面對家庭、學業、青少年社交、感情及自身等各方面的情緒問題。

資助項目方面，基金在首季推出了「築願計劃」及「粵歷交流計劃」的申請，共分別收到 27 個及 91 個申請，項目正在審批中，預計第二季公布結果。

基金期望在今年陸續推出更多活動，增強粵港澳大灣區青年之間的交流，助力香港青年人融入國家發展的機遇。

This year marks the fifth anniversary of the Central Government's release of the "Outline Development Plan for the Guangdong-Hong Kong-Macao Greater Bay Area." Reflecting on the past five years, the collaborative efforts between Guangdong, Hong Kong, and Macao have deepened, tapping into their collective strengths, which has yielded substantial progress in the economic integration and coordinated development of the region.

Moreover, our Foundation is also stepping into its fifth year in 2024. Throughout these years, our initiatives and sponsorship programmes have consistently enabled Hong Kong's youth to recognise the immense opportunities for study, career advancement, and entrepreneurship within the Greater Bay Area. In the first quarter of this year, our support encompassed a variety of programmes. Notably, we completed the "GenRobo Programme 2023-24 - The Path to Become AI Engineers," where 28 teams exhibited their AI engineering projects in a competition. We also sponsored the Youth Natural Ecotourism Guide Programme, which equipped participants to lead about 1,500 Hong Kong teenagers in appreciating and preserving the region's natural environment. Furthermore, the Foundation sponsored the first visit of the celebrated polar icebreaker "Xuelong 2" to Hong Kong, including a sharing session by its crew and scientists with local students on April 10th at the Hong Kong Science Museum, enhancing youth engagement with scientific exploration and understanding of the nation's polar research achievements. In mid-April, we held the fourth "For Our Future scholarship" award presentation ceremony, discerningly selecting 16 awardees from over 250 applicants, all of whom displayed exceptional academic prowess and a strong commitment to community service.

The Foundation is also attentive to the mental well-being of local youth. In collaboration with etnet, we have launched a new video series titled "Inside Out Conversation", which shares real-life stories and interactions with psychological experts. The series aims to support young people in understanding and managing emotional issues related to family, academics, peer interactions, relationships, and personal matters.

Regarding our sponsorship programmes, we opened applications for the "Wish Builder Programme" and the "Guangdong Exchange Programme" in the first quarter, receiving a total of 27 and 91 applications respectively. These are currently under review, and we anticipate announcing the results in the second quarter.

Looking forward, the Foundation will continue introducing activities that will enhance communication and exchange among the youth in the GBA. Our aim is to facilitate Hong Kong's youth in capitalising on the opportunities presented by our nation's development.

楊彬先生 Mr Yang Bin

大灣區人才交流日益蓬勃 讓香港青年把握灣區發展機遇



粵港澳大灣區現已成為中國國內生產總值（GDP）最高，經濟實力最強的地區，在2022年的GDP，已躋身世界主要經濟體前10位，將為香港的企業和青年創造龐大的發展機會。為此，香港特區政府早於2021年已開展「大灣區青年就業計劃」，反應熱烈，獲得參與企業及青年的正面評價，因此，政府自2023年起決定將計劃恆常化，讓更多香港青年融入大灣區的發展。

「大灣區青年就業計劃」逾千港青率先抓緊機遇

「大灣區青年就業計劃」除了鼓勵香港青年融入國家發展，更為他們創造更大的發展空間。參與計劃的企業需要在香港和大灣區內地城市均有業務，並以月薪不低於18,000港元，聘請香港青年，並派駐他們到大灣區內地城市工作及接受在



職培訓。而特區政府會向企業發放每名受聘青年每月10,000港元津貼，為期18個月，計劃吸引大量企業參與，推動灣區內的人才交流。而參加者的門檻亦相當簡單，只需要為香港居民，並於2022至2024年獲頒學士或以上學位，即可參與計劃。

計劃希望讓香港青年在大灣區內地城市累積寶貴工作經驗，與當地人才相互交流、交往，融入灣區生活及擴闊視野，提升個人競爭力。根據2021年試行計劃的資料，商用服務業聘請人數最多，有377人；其次為金融業有286人。以職業劃分，專業人員佔最多，共有484人、而緊隨其後的為經理及行政級人員和輔助專業人員，分別有288及250人，職業種類廣泛之餘，數字亦足以反映大灣區內地城市對專業人才的需求殷切，是青年人發展的新路向。近9成入職的香港青年的月薪介乎18,000至 21,000港元，最高月薪為 49,200港元。計劃自2021年推出至2023年9月，共吸引了400多家企業提供超過3,400個職位空缺，涵蓋金融、科技等不同行業，共有近1,100名香港青年順利通過計劃入職。

廣東政府全力支持港青

計劃除了得到中港企業的支持，內地不同的部門亦落實不少措施以支持香港青年於大灣區就業。其中廣東政府對參加計劃的香港青年，提供每人每月最多2,000元人民幣共18個月的生活補助。

2023年6月，特區政府與廣東省政府更進一步合作推出「粵港澳大灣區香港青年實習計劃」讓18至30歲的香港青年參與，實習計劃共有18間非政府機構參加，合共舉辦25個內

地實習項目，提供文化、新媒體、人工智能、藥業等範疇職位，實習為期3至8個星期。工作地點涵蓋8個大灣區城市，包括中山、佛山、廣州、惠州、深圳、珠海、東莞及江門，計劃至2023年底共有758個香港學生參與，其中最受歡迎城市為廣州、深圳和佛山。

其實早於2022年9月廣東省當局就推出了「大灣區職場導師計劃」，邀請在內地有工作和生活經驗的港人作為導師，指導初到內地發展的港澳青年，讓他們更容易適應當地生活；而「12355」港澳青年熱線，亦為青年提供有關在內地就業及生活等資訊和支援。在促進就業方面，在廣東就業和創業的港澳青年亦可與當地就業人士享受相同待遇以及保險等，促成了超過33萬人次的港澳居民參與養老、工傷、失業等保險。

此外，廣東建成「1+12+N」港澳青年創新創業孵化體系，優先向港澳青年免費開放，提供辦公場地、工商財稅、項目推介等全鏈條服務。粵港澳每年合作舉辦大灣區大學生就業實習雙選會，年均提供近10萬個就業實習職位。每年舉辦廣東「眾創杯」創業創新大賽，專設港澳賽區，對獲獎項目按獲獎等次給予5萬至50萬元獎金。

在特區政府與廣東省及各大灣區內地城市政府緊密促進下，積極鼓勵香港青年發掘在大灣區內的各種機遇，亦為香港及區內的发展，發光發亮。



Thriving Talent Exchange in the Greater Bay Area Empowers Hong Kong Youth for Development Opportunities

The Guangdong-Hong Kong-Macao Greater Bay Area has emerged as China's most economically prosperous region, boasting the highest gross domestic product (GDP). In terms of GDP in 2022, GBA has entered the top 10 economies in the world, this presents significant opportunities for businesses and young people in Hong Kong. In response, the HKSAR Government initiated the "Greater Bay Area Youth Employment Scheme" in 2021, receiving positive feedback and evaluations from participating enterprises and young individuals. As a result, the government has decided to regularise the Scheme starting in 2023, allowing more Hong Kong youth to integrate into the development of the GBA.

Over a Thousand Hong Kong Youths Seize Opportunities in the Greater Bay Area Youth Employment Scheme

The "Greater Bay Area Youth Employment Scheme" not only encourages active participation of Hong Kong youths in the country's development but also creates expanded opportunities for their personal growth. Participating companies in the scheme are required to have operations in both Hong Kong and mainland cities within the GBA. They must offer a minimum monthly salary of HKD 18,000 to employ Hong Kong youths, providing them with the opportunity to work and undertake on-the-job training in mainland cities. The HKSAR government offers a monthly subsidy of HKD 10,000 for each youth employed for a duration of 18 months, attracting a multitude of companies to participate and promoting talent exchange within the GBA. The eligibility criteria for participants are relatively simple, they must be Hong Kong residents who have obtained a bachelor's degree or above between 2022 and 2024.

The Scheme's purpose is to equip Hong Kong youths with valuable work experience in mainland GBA cities, fostering mutual exchange and interaction with local talents. It enables them to integrate into the GBA culture, broaden their horizons, and enhance their competitiveness. According to the data from the pilot

scheme in 2021, the commercial services sector saw the highest number of participants, with 377, followed by finance with 286. In terms of occupations, professionals accounted for the majority, with 484 positions, followed by managers and administrative staff with 288 and 250 respectively. This diversity reflects a strong demand for professional talents in GBA mainland cities, presenting new paths for youth development. Nearly 90% of these young employees receive a monthly salary ranging from HKD 18,000 to 21,000, with the top monthly salary reaching HKD 49,200. Since its launch in 2021 to September 2023, the Scheme has drawn over 400 companies, offering more than 3,400 job vacancies in varied sectors such as finance and technology, with around 1,100 Hong Kong youths joined the Scheme.





Guangdong Provincial Government Offers Robust Support to Hong Kong Youth

In addition to receiving support from businesses in mainland China and Hong Kong, the Scheme has also seen various Chinese authorities implementing supportive measures for Hong Kong youth employment in the GBA. For instance, the Guangdong provincial government provides a living allowance of up to RMB 2,000 per person per month for 18 months to participants.

In June 2023, the HKSAR and the Guangdong provincial governments further strengthened their collaboration by implementing the "Guangdong-Hong Kong-Macao Greater Bay Area Hong Kong Youth Internship Programme". Targeting Hong Kong youth aged 18 to 30, the Programme involves 18 non-governmental organisations and offers 25 internship projects across sectors like culture, new media, artificial intelligence, and pharmaceuticals. These internships lasting between 3 to 8 weeks, are available in eight GBA cities, namely Zhongshan, Foshan, Guangzhou, Huizhou, Shenzhen, Zhuhai, Dongguan, and Jiangmen. Until end of 2023, a total of 758 Hong Kong students participated in the programme, with Guangzhou, Shenzhen, and Foshan as the top internship locations.



As early as September 2022, the Guangdong provincial authorities introduced the GBA workplace mentorship programme, inviting Hong Kong individuals with work and living experience in mainland China to serve as mentors. Their role was to guide Hong Kong and Macao new career starters in mainland China, easing their transition into local life. The "12355" Hong Kong and Macao Youth Hotline offers information and support on local employment and daily life. Furthermore, Hong Kong and Macao youth working or starting businesses in Guangdong can enjoy the same benefits and insurance coverage as local employees, allowing over 330,000 Hong Kong and Macao residents to join pension, work injury, and unemployment insurance schemes.

Additionally, Guangdong has established the "1+12+N" innovation and entrepreneurship incubation system exclusively for Hong Kong and Macao youth. This system offers priority access and comprehensive services, including office space, business registration, taxation, and project promotion. An annual GBA university students employment and internship fair is jointly organised by Guangdong, Hong Kong and Macao, showcasing nearly 100,000 jobs and internship opportunities. Guangdong also hosts the annual "Guangdong Community Entrepreneurs Cup", with a dedicated category for Hong Kong and Macao participants. Winning projects can receive cash prizes from RMB50,000 to 500,000.

The collaborative efforts of the HKSAR government, the Guangdong provincial government, and the municipal governments of the GBA cities, actively encourage Hong Kong youth to explore the myriad opportunities in the GBA, with the goal of propelling the development and prosperity of both Hong Kong and the broader region.



第四屆「創明天獎學金」頒授典禮 The "4th For Our Future Scholarship" Award Presentation Ceremony



基金已連續四年推出「創明天獎學金」，以表揚及鼓勵才學兼優，堅毅不屈及熱心服務社會的學生。今年，基金共收到本地13間大專院校超過250名優秀學生踴躍申請，評審團包括粵港澳大灣區發展專員陳潔玲女士、香港科學園公司行政總裁黃克強先生、香港教育大學前校長張仁良教授及大灣區共同家園青年公益基金主席黃永光先生。由於申請者表現優越，最終決定獎學金名額由15名增至16名，每人獲發港幣五萬元獎學金，6月份更可參與基金為得獎同學舉辦的北京交流團，認識國家發展。

基金自推出「創明天獎學金」以來，一直深得香港各大專院校及社會各界的支持及關注，為了進一步配合國家「十四五規劃」中確立香港發展成為「八大中心」之一的「國際創新科技中心」，基金將於明年的「創明天獎學金」中特別增設「創科獎」，專為修讀STEM學科的博士課程學生而設，鼓勵更多本地青年加入科研行列，培育人才，為創科發

展帶來新動力。「創科獎」名額共10個，每名得獎學生可獲港幣8萬元獎學金，申請安排將與下一屆「創明天獎學金」同步開放。





The Foundation has been launching the “For Our Future Scholarship” for four consecutive years, aiming to acknowledge and inspire university students with outstanding academic performance, perseverance, and a strong dedication to community service. This year, the scholarship attracted over 250 applications from talented students across 13 local tertiary institutions. The esteemed panel of judges included Ms Maisie CHAN, Commissioner for the Development of the Guangdong-Hong Kong-Macao Greater Bay Area; Mr Albert WONG, CEO of Hong Kong Science and Technology Parks Corporation; Professor Stephen CHEUNG, Former President of the Education University of Hong Kong; and Mr Daryl NG, Chairman of the Foundation.

是次頒授典禮已於4月17日在香港會議展覽中心隆重舉行，出席嘉賓包括香港特別行政區政府署理民政及青年事務局局長梁宏正先生、粵港澳大灣區發展專員陳潔玲女士、中央人民政府駐香港特別行政區聯絡辦公室青年工作部二級巡視員張國來先生、大灣區共同家園青年公益基金主席黃永光先生、大灣區共同家園投資有限公司總裁胡章宏博士、香港科學園公司行政總裁黃克強先生、香港教育大學前校長張仁良教授、香港都會大學副校長（研究及學生發展）郭予光教授、香港演藝學院副校長（學術）文國端教授、香港樹仁大學協理副校長（學生事務）葉秀燕女士、香港城市大學協理學務副校長（學生發展）甄潔明教授，以及多間大專院校代表等。

Due to the exceptional caliber of the applicants, the panel decided to increase the number of scholarships awarded

在頒授典禮中，其中兩位獎學金得主劉宥成及許懿楠同學分享了他們的奮鬥故事，當中看到他們堅毅不撓的特質；是次獲獎同學除了學業出眾，更多才多藝，其中有米靖言同學即席揮毫，以中文書法書寫基金的使命「助青年 創明天」及陳沛陶同學即場表演歌劇演唱，以展示他們的才藝。



from 15 to 16. Each awardee receives HKD 50,000 to support their academic pursuits and personal development. Additionally, in June, the recipients will participate in a Beijing exchange trip organised by the Foundation to deepen their understanding of national developments.

Since its inception, the Scholarship has garnered substantial support from local tertiary institutions and the community. Aligning with the nation's 14th Five-Year Plan to establish Hong Kong as a hub for innovation and technology, one of the "eight centres" identified in the plan, the Foundation is excited to launch the Innovation and Technology Award, a new component of the For Our Future Scholarship specifically designed for PhD students in STEM fields. This initiative aims to foster scientific research and innovation among local youth. Ten scholarships, each valued at HKD 80,000, will be awarded, with applications opening concurrently with the next cycle of the For Our Future Scholarship.

The award ceremony, held on April 17th at the Hong Kong Convention and Exhibition Centre, was graced by numerous honourable guests including Mr Clarence LEUNG, Acting Secretary for Home and Youth Affairs, the Government of the HKSAR; Ms Maisie CHAN, Commissioner for the Development of the Guangdong-Hong Kong-Macao Greater Bay Area; Mr ZHANG Guolai, Second-class Inspector of Youth Department of the Liaison Office of the Central People's Government in the HKSAR; Mr Daryl NG, Chairman of the Foundation; Dr HU Zhanghong, CEO of Greater Bay Area Homeland Investments Limited; Mr Albert WONG, CEO of Hong Kong Science & Technology Parks Corporation; Professor Stephen CHEUNG, Former President of The Education University of Hong Kong; Professor Ricky KWOK, Vice President (Research and Student Development) of Hong Kong Metropolitan University; Dr Gordon MUNRO, Deputy Director (Academic) of The Hong Kong Academy for Performing Arts, Ms YIP Sau Yin, Associate Vice President (Student Affairs) of Hong Kong Shue Yan University and Professor Isabel YAN, Associate Provost (Student Life) of City University of Hong Kong, as well as representatives from various tertiary institutions.

Among the awardees, Raymond LAU and Deanna XU shared their inspiring journeys during the ceremony. The ceremony also showcased the diverse talents of the awardees, including Natalie MAI, whose calligraphy captivated the audience, and Cyanne CHAN, whose opera performance received widespread applause.





第四屆「創明天獎學金」得獎名單如下(排名不分先後):

The award winners of the 4th For Our Future Scholarship include the following:

陳沛陶 (香港浸會大學)

馮沛穎 (香港都會大學)

許子桂 (香港理工大學)

高璇 (嶺南大學)

林子朗 (香港中文大學)

劉嘉盈 (香港演藝學院)

劉穎潼 (香港中文大學)

劉恩樂 (香港大學)

劉宥成 (香港城市大學)

老晉霆 (香港科技大學)

米靖言 (香港浸會大學)

譚嘉希 (香港都會大學)

王建希 (香港樹仁大學)

黃程灝 (香港大學)

黃婷 (香港教育大學)

許懿楠 (香港理工大學)

Cyanne Chan (Hong Kong Baptist University)

Cherie Fung (Hong Kong Metropolitan University)

Kelvin Hui (The Hong Kong Polytechnic University)

Yolanda Ko (Lingnan University)

Noxx Lam (The Chinese University of Hong Kong)

Peggy Lau (Hong Kong Academy for Performing Arts)

Koni Lau (The Chinese University of Hong Kong)

Stefan Lau (The University of Hong Kong)

Raymond Lau (City University of Hong Kong)

Wilson Lo (The Hong Kong University of Science and Technology)

Natalie Mai (Hong Kong Baptist University)

Tammy Tam (Hong Kong Metropolitan University)

Samson Wang (Hong Kong Shue Yan University)

Hubert Wong (The University of Hong Kong)

Takky Wong (The Education University of Hong Kong)

Deanna Xu (The Hong Kong Polytechnic University)

「雪龍2」號訪港活動 Xuelong 2 Visit to Hong Kong



國家第一艘自主建造的極地科學考察破冰船「雪龍2」號完成中國第40次南極考察，並以香港為回航首站，於4月8日至12日期間歷史性訪港五天。為了讓本地青年人了解國家的科技發展，基金全力支持「雪龍2」號一系列的訪港活動。其中於4月10日，由綠色未來基金總會及香港極地研究中心主辦、大灣區共同家園青年公益基金和東華三院合辦的「天地人對話：雪龍2號科學家X香港學生對談」活動在香港科學館成功舉辦。

活動以線上線下形式進行，吸引來自20多間中學及大專院校，共500多名學生參與，並由香港特別行政區政府教育局局長蔡若蓮博士作主禮嘉賓。對談活動由學生與千里以外的南極「中山站」的科學家開始，包括站長、空間物理學專家胡澤駿先生，負責天文觀測的副研究員紀拓先生、以及負責海冰/氣象監測的高級工程師王安良先生，他們和學生進行「天地人對話」，並分享在極地的真實經歷，令學生感受到他們所付出的毅力與堅持。



此外，大會還邀請了著名極光專家、中國極地研究中心(中國極地研究所)的楊惠根研究員，以及天文光學研究專家、中國科學院南京天文光學技術研究所望遠鏡新技術研究室副主任李正陽教授擔任講者，講解極地科學研究的過程及極地與地球的關聯等。而嘉賓主持包括全球首位踏足北極、南極及珠穆朗瑪峰的女探險家李樂詩博士，以及曾深入南極中山站的香港天文台前台長林超英先生。活動期間學生踴躍地發問，最後幾位科學家均鼓勵並歡迎香港年輕一代投入極地科研工作。

除了科學家與學生的對談活動外，「雪龍2」號訪港期亦舉辦了多項活動，包括：開放公眾登船參觀、文藝晚會及國際學術會議等。基金透過支持是次「雪龍2」號訪港活動，讓香港青年人近距離欣賞到國家的極地科研成果，並加深對環境保護及科學的了解。

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China's inaugural domestically built Antarctic Research Icebreaker, "Xuelong 2", has successfully completed its 40th Antarctic scientific expedition, and made a historic five-day visit to Hong Kong from April 8 to 12. This visit marked the ship's first port of call upon its return, and it was supported by the Foundation to enhance local youth's understanding of the country's technological development. Co-hosted by the Green Future Foundation Association and the Polar Research Institute of Hong Kong, in collaboration with the Greater Bay Area Homeland Youth Community Foundation and Tung Wah Group of Hospitals as one of the activities, the "Gaia Dialogue: Xuelong 2 Scientists Meet Hong Kong Students", was held at the Hong Kong Science Museum on April 10.

The dialogue session took place both online and offline, and attracted the participation of over 500 students from more than 20 secondary schools and tertiary institutions. The event was officiated by Dr CHOI Yuk-lin, the Secretary for Education of the Hong Kong Special Administrative Region. Despite thousands of miles away, the Session connected the students with the scientists at the



Zhongshan Station in Antarctica. Mr HU Zejun, the Station Leader of Zongshan Station and a Professor of Space Physics from Polar Research Institute of China, Mr JI Tuo, the Associate Professor of Astronomy from Polar Research Institute of China who is responsible for astronomical observations, and Mr WANG Anliang, the Senior Engineer responsible for Sea Ice Mechanics and Dynamics, shared their remarkable experiences. Their stories of perseverance and dedication left an indelible impression on the students.

Moreover, the Dialogue featured two distinguished speakers: Dr YANG Huigen, a renowned aurora expert from the Chinese Polar Research Institute of China (Chinese Arctic and Antarctic Administration), and Professor LI Zhengyang, an expert in astronomical optics and Deputy Director of the New Telescope Technology Laboratory at the Nanjing Institute of Astronomical Optics and Technology, Chinese Academy of Sciences. They explained the process of polar scientific research

and the interconnection between the polar regions and the Earth. The event also included two guest moderators: Dr Rebecca LEE, the world's first woman to have set foot on the North Pole, South Pole, and Mount Everest, as well as Mr LAM Chiu-ying, former Director of the Hong Kong Observatory, who had visited the Zhongshan Station in Antarctica. During the event, students actively posed questions, and in the closing remarks, the scientists encouraged the students to engage in polar exploration and contribute to the field of scientific research.

In addition to the dialogue session, there was a vessel tour, a Cultural Gala and an academic symposium. The Foundation's support for the "Xuelong 2" visitation activities aims to foster a profound appreciation of the nation's scientific research accomplishments among the youth in Hong Kong, and to cultivate a deeper understanding and heightened awareness of environmental conservation and scientific endeavours.





GenRobo機械新人類計劃2023-24 - A.I.工程師之旅 GenRobo Programme 2023-24 - The Path to Become AI Engineers



本屆「GenRobo 機械新人類計劃 2023-24 - A.I. 工程師之旅」與世界領先的人工智能公司 SenseTime 商湯科技攜手合作，課程由 Trumptech 尊科承辦，通過「計劃三部曲」：「商湯 A.I. 體驗工作坊」、「進階 A.I. 培訓課程」、「A.I. 工程師挑戰賽」，讓 28 間官津及資助中學近 1,700 名基層中學生受惠，認識到 A.I. 在不同領域的功能及價值。

其中的「A.I. 工程師挑戰賽」於 4 月 6 日由來自 28 間本地中學的隊伍角逐最終殊榮。活動邀請到基金行政總裁楊彬先生及尊科數碼教育服務有限公司行政總裁郭天鳴先生親臨主禮。挑戰賽運用商湯科技公司設計及於業內領先的 SenseStorm 教育機械人，其套件附有各式電子硬件，並賦予機械人環境感知能力，助學生在比賽中更好地發揮創意、實踐想法。比賽設計也別出心裁，以中國古代四大發明為主題，學生需通過現代 A.I. 科技，應用圖像偵測、文字識別、人臉偵測等 A.I. 功能設計機械人，完成任務以贏取分數。比賽各隊學生表現出色，激烈競賽後由仁濟醫院靚次伯紀念中學、香港道教聯合會圓玄學院第三中學及博愛醫院陳楷紀念中學分別奪得冠、亞及季軍。

為延續同學們的 A.I. 之旅，基金將於今年暑假資助參與比賽的共 112 名初中生及其老師免費前往珠海交流，為他們提供更多學習創新科技的機會。交流團將帶領學生們參觀被稱為「香港青少年科普教育基地」的全國最大太空展覽館珠海太空中心及中航通用飛機公司，了解中國商用飛機發展歷程，沉浸式領略大灣區在創科方面的高速發展。





This year, the GenRobo Programme 2023-24 — The Path to Become AI Engineers collaborated with SenseTime, a world-leading AI company and the curriculum was organised by Trumptech. The programme consisted of three phases: the "SenseTime AI Workshop", the "Advanced AI Course", and the "AI Engineer Competition". Nearly 1,700 underprivileged students from 28 government-funded, subsidised and aided secondary schools benefited from this programme, allowing them to gain a deeper understanding of the functions and value of AI in various fields.

The "A.I. Engineer Competition" was held on April 6, with teams from 28 local secondary schools competing for the ultimate honour. Mr YANG Bin, CEO of the Foundation, and Mr KWOK Tin-ming, CEO of Trumptech, attended the event as the officiating guests. The participants utilised the cutting-edge SenseStorm educational robot designed by SenseTime. They showcased their creativity and implemented their ideas effectively using the robot kit's electronic hardware and environment perception capabilities. The theme of the competition evolved around the four great ancient Chinese inventions. Students utilised modern A.I. technologies such as image detection, text recognition, and facial detection to design robots and complete tasks. The participating teams demonstrated remarkable performance, and after intense competition, Yan Chai Hospital Lan Chi Pat Memorial Secondary School, HKTA The Yuen Yuen Institute No.3 Secondary School, and POH Chan Kai Memorial College secured the champion, first runner-up and second runner-up respectively.

As an extension of their AI journey, the Foundation would fully sponsor 112 participating secondary school students and their teachers for a visit to Zhuhai in this summer vocation. This exchange programme will provide additional opportunities for the students to explore and learn about

innovative technologies. They will visit the Zhuhai Aerospace Land, known as the "Hong Kong Youth Science Education Base", which is the largest space exhibition hall in the country. Besides, they will also visit the China Aviation Industry General Aircraft where they will learn about the development process of China's commercial aircraft industry. These immersive experiences will allow them to witness the rapid growth of innovation and technology of the nation.



青年自然生態導賞員計劃 Youth Natural Ecotourism Guide Programme



生態導賞可以讓參加者深入了解大自然的生態模式，亦可以藉此機會親親大自然。香港地方志中心主辦的「美麗香港」系列活動中，由基金合辦及資助的「青年自然生態導賞員計劃」，早前已經圓滿結束。參加計劃的30位學員於去年年底完成了首階段內容豐富的「生態導賞員證書課程」及三日兩夜的深圳及惠州「香港青年大灣區生態環境學習之旅」後，於今年第一季接受第二階段的培訓。學員們由參與者變成導賞員，分別帶領了近1,500名基層青少年前往嘉道理農場暨植物園、海洋公園、大埔滘自然護理區、鹿頸、谷埔及米埔自然保護區欣賞本地獨特的生態，學員們將所學習到的導賞技巧學以致用，為青少年介紹香港的自然風貌，亦為未來推動本地綠色旅遊打好基礎。

The Youth Natural Ecotourism Guide Programme has provided participants with the opportunity to immerse themselves in the study of ecological patterns and directly experience the wonders of the natural environment. This programme, being part of the

"Beautiful Hong Kong" event series, organised by the Hong Kong Chronicles Institute and supported by our Foundation, has been successfully concluded. In the initial phase, 30 individuals completed the comprehensive "Eco-guide Certificate Course" and participated in a three-day, two-night "Hong Kong Youth GBA Eco-environmental Learning Tour" to Shenzhen and Huizhou at the end of the previous year. During the first quarter of this year, they received second-phase training. Transitioning from learners to leaders, these individuals have since guided nearly 1,500 underprivileged youths through Hong Kong's diverse ecosystems, with excursions to Kadoorie Farm and Botanic Garden, Ocean Park, Tai Po Kau Nature Reserve, Luk Keng, Kuk Po, and the Mai Po Nature Reserve. By applying their newly honed guiding skills, these young guides have introduced their peers to Hong Kong's natural landscapes, thereby establishing a strong foundation for the future promotion of local green tourism.

大灣區港澳台棒球邀請賽

Greater Bay Area Hong Kong-Macao-Taiwan Baseball Invitational Tournament



由中國香港棒球總會主辦，基金合辦的 2023 年大灣區港澳台棒球邀請賽，在2023年12月15至17日一連三日分別於深圳及香港舉行。賽事雲集分別來自粵港澳台兩岸四地的棒球好手，分為「成棒組」及「U12 少棒組」合共 10 支隊伍參與，經過一輪龍爭虎鬥後，結果由中國香港隊於「成棒組」比賽中封王，而台中塗城國小則成為「U12 少棒組」的冠軍。

是次活動，除了促進大灣區棒球運動發展外，亦能增強兩岸四地青年的文化認同感與社會責任感；同時，我們亦希望藉此推動各地青年之間的交流。

Organised by the Baseball Association of Hong Kong, China and co-organised by the Foundation, the Tournament took place over three consecutive days from December 15 to 17, 2023, in Shenzhen and Hong Kong. The Tournament brought together talented baseball players from Guangdong, Hong Kong, Macao, and Taiwan, with a total of 10 teams participating in the Adult Division and U12 Youth Division. After intense competition, the Hong Kong team won the championship in the Adult Division, while Taichung Tu Cheng Elementary School became the champion in the U12 Youth Division.

Not only this event promotes the development of baseball in the GBA but also enhances the cultural identity and social responsibility of young people from the four regions as well as facilitates exchanges among them.

青年科學家峰會 Youth Academy of Sciences Summit



為了打造香港成為大灣區的國際創新科技中心，由香港青年科學院主辦，大灣區共同家園投資有限公司及基金合辦的「青年科學院高峰會」，邀請了大灣區及世界各地的青年科學家於香港交流，並藉此平台展示青年科學家的科研實力及創新能力，同時激發跨地區的科研協作，吸引更多國際投資。

首屆峰會已於 2023 年 12 月 4 日在香港科學園順利舉行，吸引逾 400 人參與，當天更邀請到香港創新科技及工業局局長孫東出席開幕儀式及致辭，出席儀式的嘉賓還包括中聯辦青年工作部部長張志華、大灣區共同家園投資有限公司總裁胡章宏、大灣區共同家園青年公益基金副主席，新鴻基地產發展有限公司執行董事郭基泓，以及香港科學院創院院長徐立之、香港科學院院士謝賞恩及葉嘉安等。講者方面則包括有香港科學院院士楊彤教授、全球青年學會的聯席會長 Felix MORONTA、倫敦政治經濟學院創新主管（2020-2023）David AI，以及澳門科學館館長邵漢彬等。各嘉賓在峰會上就幾大議題，包括培育青年科學家成為世界級學者的成功故事、青年科學家如何為長遠的公共政策作出貢獻、大學深科技解決方案的成果轉化與商業化，以及支援在校科學普及化和宣傳等進行交流。

除了 12 月 4 日的峰會外，首屆青年科學家峰會亦會在 2024 年舉行三場研討會，數百位青年科學家及學者等屆時將聚首一堂，探討不同科創議題。

To establish Hong Kong as a globally recognised innovation and technology hub within the GBA, the inaugural Youth Academy of Sciences Summit has been organised by the Hong Kong Academy of Sciences, in collaboration with the Greater Bay Area Homeland Investment Limited and the Foundation. This Summit aims to facilitate exchanges among young scientists from the GBA and other regions worldwide, providing them with a platform to showcase their research prowess and innovative capabilities. Additionally, the Summit seeks to foster cross-regional scientific collaboration and attract increased international investment.

Taking place on 4 December 2023, the Summit was held at the Hong Kong Science Park and welcomed over 400 participants. Prof SUN Dong, Secretary for Innovation, Technology and Industry of the HKSAR Government, officiated at the opening ceremony of the event and delivered a speech to show his support. Other esteemed guests including Mr ZHANG Zhihua, Director General of the Youth Department of the Liaison Office of the Central People's Government of the Hong Kong SAR; Dr HU Zhanghong, CEO of the Greater Bay Area Homeland Investment Limited; Mr Christopher KWOK, Vice Chairman of the Foundation (Executive Director of Sun Hung Kai Properties Limited); Mr TSUI Lap-Chee, the Founding President of the Hong Kong Academy of Sciences, Prof Kathryn CHEAH and Prof Anthony YEH, members of the Hong Kong Academy of Sciences. Distinguished speakers of the Summit include Prof Tong YANG and Prof Che Ting CHAN, members of The Hong Kong Academy of Sciences; Felix MORONTA, Co-Chair of Global Young Academy; David AI, Head of Innovation (2020-2023) at the London School of Economics and Political Science; and Pan SIO, Curator of the Macau Science Center. They led discussions and delivered keynote speeches on topics, including the success stories of nurturing young scientists to become world-class academics, the contribution of young scientists to long-term public policies, the translation and commercialisation of deep-tech solutions by universities, and policies promoting and popularising science in schools.

In addition to the Summit on 4 December, the Youth Academy of Sciences Summit also hosts three sub-conferences in 2024. Hundreds of young scientists and scholars will gather to discuss various topics relating to science and innovation.



無止橋村永續公益行2024

Wu Zhi Qiao Walk for Rural Revitalization 2024

為了保護鄉郊地區的自然生態，基金參與資助了由無止橋慈善基金舉辦的無止橋村永續公益行2024，在1月13日活動當日近200位參加者由無止橋青年領袖分組進行導賞，開展一天的低碳遊。他們由谷埔村出發，經過梅子林村，最後到達荔枝窩村，途中可以漫步古村及品嚐由三村村民所準備的風味小食。透過是次活動體現城、鄉、青三方的共融協作，以及推廣低碳生活的概念。



In order to protect the natural ecology of rural areas, the Foundation participated in and sponsored for the Wu Zhi Qiao Walk for Rural Revitalization 2024, organised by the Wu Zhi Qiao Charitable Foundation. On the event day, January 13, nearly 200 participants, guided by young leaders from Wu Zhi Qiao, embarked on a tour and enjoyed a day of low-carbon activities. Starting from Kuk Po Village, they passed through Mui Tsz Lam Village and finally arrived at Lai Chi Woi Village. Along the way, they had the opportunity to stroll through ancient villages and savour the flavour-packed snacks prepared by the villagers. This event exemplified the harmonious collaboration among urban, rural, and youth sectors, while promoting the concept of a low-carbon lifestyle.

香港街馬2023

Hong Kong Streetathon 2023

2023年12月17日，由社企全城街馬主辦的「香港街馬」於疫情後首次復辦，吸引了超過19,000名長跑好手報名參與。「香港街馬2023」包括馬拉松、半馬拉松及十公里三個組別，及基金全力支持的「街馬 - 亞洲青年十公里2023」。這是亞洲最大型青少年十公里賽事，專為鼓勵12至25歲在校學生而設，賽事共吸引了近1,000名同學參加，基金希望藉著這次的活動令更多香港青年建立對長跑的興趣及支持運動的發展。

On December 17, 2023, the "Hong Kong Streetathon", organised by the social enterprise RunOurCity, made a highly anticipated return after the pandemic, drawing the participation of over 19,000 long-distance runners. "Hong Kong Streetathon 2023" featured three categories: full marathon, half marathon, and a ten-kilometre race. Additionally, the Foundation also supported the "Streetathon - Asia Youth Run 10K 2023," the largest youth 10K race in Asia. Specifically designed to inspire students aged 12 to 25, the Youth Run attracted nearly 1,000 student participants. The Foundation aimed to foster a greater interest in long-distance running among Hong Kong's youth and contribute to the development of sports.



深圳前海創科體驗之旅

Shenzhen Qianhai Innovation and Technology Experience Tour



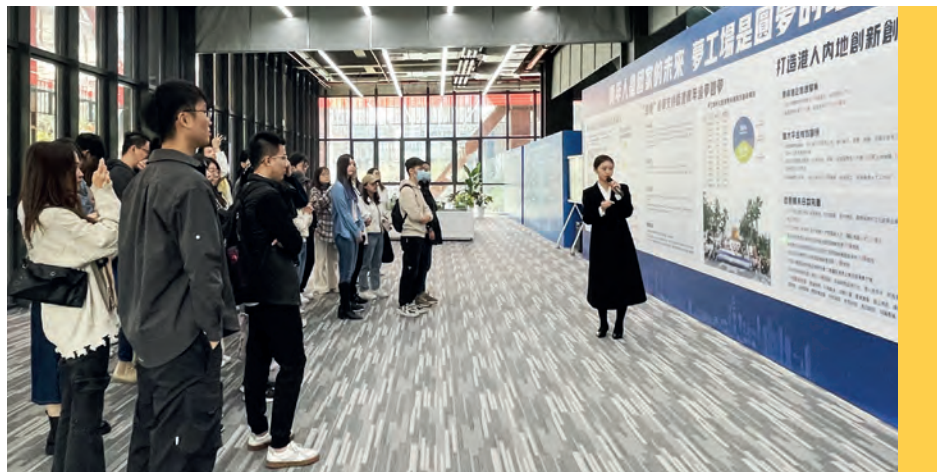
深圳前海是不少香港青年實踐創業夢的試點，除了位置鄰近香港外，亦有不少優惠港澳青年的創業政策，吸引不少港澳青年北上追夢。

有見及此，基金於去年11月及今年1月，分別與香港聖公會福利協會及香港理工大學商學院管理及市場學系合作舉辦深圳前海體驗之旅，兩個考察團各有40名團員參與，他們參觀了前海深港青年夢工廠，了解其為港澳青年提供的服務。此外，他們亦前往由港青開創的咖啡店All Day Club參觀及交流，除了品嚐咖啡外，創辦人亦向團員分享在前海創業的經驗。最後團員前往前海展示廳及前海國際會議中心，了解前海由開發到目前發展的進程。

Shenzhen Qianhai has become a testing ground for numerous Hong Kong young entrepreneurs who are eager to pursue their startup dreams. Apart from its proximity to Hong Kong, Qianhai offers appealing policies and incentives that entice aspiring youth from Hong Kong and Macao to venture northward. In line with this, the Foundation collaborated with the Hong Kong Sheng Kung Hui Welfare

Council and the Department of Management and Marketing at the Hong Kong Polytechnic University to organise two separate tours of Shenzhen Qianhai. These tours took place in November of the previous year and January of the current year, respectively. Each tour accommodated 40 participants who had the valuable opportunity to visit the Qianhai Shenzhen-Hong Kong Youth Innovation and Entrepreneur Hub, and they gained insights into the services provided by the hub for young entrepreneurs from Hong Kong and Macao. Furthermore, the

participants visited All Day Club, a coffee shop established by Hong Kong youths. During their visit, they not only enjoyed the taste of coffee but also engaged in enriching discussions with the founders, who shared their own entrepreneurial experiences. Lastly, the participants visited the Qianhai Exhibition Hall and Qianhai International Conference Centre, enabling them to grasp the developmental journey of Qianhai, from its inception to its present state.



大灣區升學知多啲考察之旅

Greater Bay Area Higher Education Exploration Tour

隨著近年國家教育部為香港學生在內地學習、就業和生活提供各種便利及多元化選擇，不少香港中學畢業生也會考慮到內地高校升學。因此基金聯同學友社於2023年7月至今年4月期間合辦了大灣區升學知多啲考察之旅，全額資助高中學生到訪深圳或廣州的高校，例如深圳大學、暨南大學、中山大學及廣州中醫藥大學等，親身了解校園環境及課程學科，從而規劃未來的升學發展，有近500名香港中學生受惠。參與同學在活動後均表示內地校園環境廣闊優美，課程的選擇多，而且上課方式與香港相近，是他們的升學選擇之一。

In recent years, the Chinese Ministry of Education has made efforts to provide Hong Kong students with greater convenience and diverse opportunities to study, work, and live in mainland China. As a result, many Hong Kong secondary school graduates are now considering pursuing higher education in mainland universities. Recognising this trend, the Foundation joined forces with the Hok Yau Club to organise the GBA Higher Education Exploration Tour from July 2023 to April 2024.

This initiative fully sponsored high school students to visit universities in Shenzhen or Guangzhou, including Shenzhen University, Jinan University, Sun Yat-sen University, and Guangzhou University of Chinese Medicine. During the tour, students had a precious chance to immerse themselves in the campus environments and gain firsthand



insights into various academic disciplines. This experience played a crucial role in helping them plan their future educational paths. The programme benefited nearly 500 Hong Kong secondary school students. Participants praised the mainland universities offered expansive and aesthetically pleasing campuses, a wide range of course options, as well as similar teaching methods as in Hong Kong, making further study in the Mainland a compelling choice.

LET'S POWER UP

在這系列的短片中，我們邀請了不同領域的社會領袖分享他們的發展歷程、個人經驗和工作心得，藉此啟發香港的年輕人，在成長過程中要定立目標，勇於面對挑戰，努力地實踐理想。

In this series of video, we have invited social leaders from various fields to share their personal journeys, experiences, and insights. Our aim is to inspire young people in Hong Kong to set goals, face challenges with courage, and pursue their aspirations as they grow and develop.



黃克強 Mr Albert Wong

香港科技園公司行政總裁

The CEO of Hong Kong Science and Technology Parks Corporation

黃克強先生透過自身的經歷，分享他對本港創業、創科發展的看法和願景。在Albert帶領下的科學園匯聚超過800間初創公司，支援本地年輕人追尋創業夢。在2023年9月，科學園更在深圳福田開設分園，希望以深圳作為試點，開發東南亞以至全球市場。他認為香港有出色的大學、人才，還有良好的科研基礎，加上與國際接軌成熟，未來必定能夠發展成為國際創新科技中心！

Mr Albert Wong, graciously shares his insights and vision on entrepreneurship and the development of innovation in Hong Kong. Under the leadership of Albert, the Science Park has successfully brought together over 800 startups, providing invaluable support to local young individuals pursuing their entrepreneurial dreams. Furthermore, in September 2023, the Science Park expanded its presence by establishing a branch in Shenzhen's Futian district. This strategic move serves as a pilot project to explore opportunities in the Southeast Asian and global markets. Albert also emphasises Hong Kong's exceptional qualities, including outstanding universities, a talented workforce, a strong foundation in scientific research, and seamless integration with the international community. With these advantages, Hong Kong is poised to thrive as an international hub for innovative technology in the future.



李樂詩 Dr Rebecca Lee

極地博物館基金創辦人

Founder, Polar Museum Foundation

李樂詩博士是香港首位踏遍三極的女探險家，多次探險經歷令她反思及審視人類活動對大自然的影響。為了增強大眾對環保的意識，她曾舉辦多場講座，更參與成立極地博物館基金，提高各界對全球暖化、環保問題的關注，亦希望青年人可認識大自然，協助保護環境。跟探險一樣，大家在追夢期間可能會面對各種挑戰，但只要一直堅持下去，就有機會實現夢想！

Dr Lee is the first Hong Kong woman to have travelled to all three poles. Her expeditions have led her to reflect on the impact of human activities on nature. In order to enhance public awareness of environmental issues, she has organised lectures and initiated the establishment of the Polar Museum Foundation. Dr Lee hopes to inspire young people to appreciate nature and contribute to environmental protection. Just like in exploration, pursuing our dreams will encounter challenges. However, with perseverance, you may have the chance to succeed.



觀看影片系列：

Watch the video series:

<http://bit.ly/3EXnMrc>

平凡人·不凡事

Out of the Ordinary

只要有堅定的意志就可以實現自己的夢想，成就不平凡的故事。「平凡人·不凡事」系列訪問來自不同背景的青年人，透過他們的故事及成功經驗，鼓勵年青人勇敢追尋自己的夢想，並回饋社會。

With unwavering determination, one can turn their dreams into reality and achieve remarkable feats. The "Out of the Ordinary" series showcases captivating interviews with young individuals from diverse backgrounds. Through their compelling stories and tales of success, they inspire and encourage young people to fearlessly pursue their own aspirations and make a positive impact on society.

朱定文 Sidney Chu

香港短道速滑運動員、香港速度滑冰學院執行主任

Hong Kong Short-track Speed Skater, Executive Director of Hong Kong Speed Skating Academy

熱愛運動的 Sidney 文武雙全，除了是出色的短道速滑運動員、香港速度滑冰學院創辦人，更是一位醫學院的博士生。他希望推動速度滑冰普及化，為運動員提供更多專業培訓機會，令更多人可以體驗到運動的樂趣。Sidney 追尋「奧運夢」途中亦遇上不少挑戰，幸好有教練及家人的支持，讓他最後都能積極地克服難關。他鼓勵大家要保持永不放棄、超越自我的精神，努力面對運動及人生中的各種逆境。

Sidney is a remarkable short track speed skater, the founder of Hong Kong Speed Skating Academy, and a doctoral student in medicine. He strives to popularise speed skating by providing professional training opportunities and spreading the joy of sports. Despite facing numerous challenges, the unwavering support from Sidney's coach and family helped him overcome adversity with a positive mindset. He serves as an inspiration to others, showing them the importance of resilience and the ability to overcome obstacles in both sports and life.



觀看影片系列：
Watch the video series:
<http://bit.ly/3gz7hbn>

漫遊 9+2

TRAVEL AROUND

大灣區的交通網絡日漸完善，往返香港及大灣區其他城市相當便捷，是不少港人享受短假期的好去處。「漫遊9+2」影片系列繼續為你介紹大灣區不同的特色地方，為你下一個旅程提出新主意。

As the transportation network in the GBA continues to improve, other cities within the GBA have become increasingly convenient options for short vacations. The latest episodes of "Travel Around 9+2" video series introduce distinctive attractions within the GBA, offering exciting ideas for your upcoming trips.

廣州 - 永慶坊

提到近年廣州熱門的打卡點，一定會想起永慶坊。它位於廣州荔灣區，是國家4A級的旅遊景區，經過活化後吸引了不少茶室、書店進駐，令四合院搖身一變成為文青朝聖地。另外值得一提的是在永慶坊中的粵劇藝術博物館，建築具嶺南園林風格特色，每星期都有粵劇、粵曲演出。到了晚上，還可以看到紅遍網絡的「橋中月」！

廣州 - 廣州文化館新館

廣州文化館新館是全國最大的文化館，在2023年正式對外開放。館內雲集了多



種具有廣州傳統文化代表性的收藏品，例如廣州織金彩瓷(廣彩)、廣州刺繡(廣繡)等，以及運用了大量互動設施，打造沉浸式傳統文化體驗。文化館亦糅合了漢唐風格建築、嶺南園林，除了可以欣賞展覽外，亦有不少人來拍照打卡、參觀園林景致。

深圳 - 海上世界文化藝術中心

深圳海上世界的豪華郵輪「明華輪」是當地有名的地標，但其實這裏亦是吃、玩、購物的好去處。除了大型商場和各種餐廳，最新的文青打卡地「海上世界文化藝術中心」更是必到景點。藝術中心由知名日本設計師槇文彥設計，內有4大展館、劇場、教育及餐飲等區域。建築座落海邊，被一片綠油油的草地包圍，吸引很多人前來野餐和拍照。



Guangzhou - Yongqing Fang

When it comes to popular check-in spots in Guangzhou, Yongqing Fang has undoubtedly made its mark in recent years. Situated in the Liwan District, Yongqing Fang has earned its reputation as a national 4A level tourist attraction. Following its revitalisation, the place has become home to numerous tea houses and bookstores, transforming the traditional Siheyuan into a vibrant site for the younger generation. Adding to its charm is the presence of the Cantonese Opera Art Museum, nestled within Yongqing Fang. The museum's architectural style showcases the distinctive Lingnan garden characteristics. Visitors can enjoy weekly performances of Cantonese opera and music. At night, the famous "Moon on the Bridge" offers a captivating sight, making it a must-visit photo-taking spot.

Guangzhou - Cultural Centre

The newly established Guangzhou Cultural Centre is a treasure trove of Guangzhou's cultural heritage displaying items such as Canton Porcelain and Cantonese Embroidery. Featuring a wide array of interactive installations, the Centre offers visitors an immersive experience into the realm of traditional culture. The Centre's architecture is a harmonious blend of Han and Tang styles, seamlessly integrated with the serene beauty of Lingnan gardens. Beyond the captivating exhibitions, the Centre has also gained popularity among photography enthusiasts and nature lovers who come to explore the picturesque gardens.

Shenzhen - Sea World

Apart from the iconic Minghua cruise ship there are much more to discover at Shenzhen Sea World. It serves as a vibrant hub that combines dining, entertainment, and shopping in one place. Don't miss out on visiting the Sea World Culture and Arts Centre, a must-see attraction. Designed by the renowned Japanese architect Fumihiko Maki, the centre boasts four exhibition halls, a theatre, educational spaces, and dining areas. Situated by the seaside with lush green surroundings, it has recently become a popular spot for picnics and phototaking.



觀看影片系列：
Watch the video series:
<http://bit.ly/39vWpak>

說說心理話 Inside Out Conversation



基金關注青少年心理健康和成長，與經濟通合作製作了一系列訪談節目 - 【說說心理話】，讓青少年以輕鬆的方式了解情緒問題及探討可行解決方法。節目將會邀請不同嘉賓分享真人真事案例，以及邀請心理學專家或醫生對談，內容將涵蓋家庭、學業、青少年社交、感情及自身等各方面的情緒問題；同時亦會探討不同種類的心理疾病，包括焦慮症、抑鬱症及照顧者壓力等。首集節目已於3月19日播出，每兩星期推出新一集，為期一年，節目於經濟通及基金社交平台發布。

The Foundation has partnered with etnet to create a series of interview programmes called "Inside Out Conversation" which focuses on the mental health and development of young people. This initiative aims to provide teenagers a relaxed and accessible means of comprehending emotional issues and discovering practical solutions. The programme features a diverse range of guests who share real-life stories and engage in discussions with psychology experts and doctors. The topics covered encompass family dynamics, academic pressures, teenage social interactions, relationships, and personal development, among others. Additionally, the programme delves into different types of mental illnesses, such as anxiety disorders, depression, and caregiver stress. The first episode premiered on March 19th, and subsequent episodes will be released every two weeks over this year. You can find the programme on both the etnet and Foundation social media platforms.



觀看影片系列：
Watch the video series:
<http://bit.ly/4a51eBj>

灣區周圍WALK



YO PLACE在2023年舉辦了多個「灣區周圍WALK」，與會員到訪各個灣區內地城市。於年底去了佛山南海，一同深入探索科技的發展。旅程中，會員首先參觀了仙湖實驗室，這是一個省級實驗室，主要研究氫能源和氫氨融合新能源領域的關鍵材料和核心技術。其後，更到訪了騰訊工業互聯網粵港澳大灣區基地，該平台主要推動佛山市製造業的轉型升級。最後的目的地為創業基地工合空間，由香港創辦人葉興華先生介紹基地以及佛山市如何支援年青人創業，並與會員互動交流。相信是次佛山之旅讓會員對當地創業環境有更深入的認識。

今年YO PLACE首個「灣區周圍WALK」帶會員到大灣區中面積最大的城市—肇慶進行兩日一夜「高新科技之旅」。肇慶以往以旅遊聞名，但現在亦是高新科技產業的重要中心。這次的行程會員們參觀了肇慶的高新技術產業開發區和創業基地，當中包括肇慶新區港澳青年創新創業基地，深入了解創新創業的氛圍；肇慶高新區科技中心，了解高新區的戰略規劃和園區的發展。此外，會員們還到了肇慶國家5A級旅遊景點七星岩，以及集肇慶宋朝文化、美食和文創等多種元素於一體的紫荊西提文化街區。會員們在這裡感受到肇慶的豐富文化底蘊和獨特魅力。

在3月，YO PLACE帶會員到珠海，探索當地科技創新領域的發展。當中包括前往上年年底開放的藍海豚島，一覽島上的美景，並參觀港珠澳大橋展示廳。隨後到了香洲海洋科技港無人船科普基地，觀看最新雲州智能無人船水上演示及親身體驗操控無人船。最後前往珠海城市陽台，飽覽城市風光。

灣區周圍 WALK

In 2023, YO PLACE organised a series of "GBA Walk Around" tours, allowing its members to explore various cities in the GBA. Towards the end of the year, the tour took them to Nanhai, Foshan, for a technology exploration journey. During this trip, the members visited Xianhu Laboratory, a provincial-level laboratory focusing on key materials and core technologies in hydrogen and ammonia-hydrogen fusion new energy. They also visited the Tencent Industrial Internet Guangdong-Hong Kong-Macao Greater Bay Area Base, which is dedicated to promoting the digital transformation and upgrading of the manufacturing industry in Foshan. The final destination was Gonghe Space, an entrepreneurial base, where Mr Andy Yip, the co-founder, introduced the base and its entrepreneurial policies.

In 2024, YO PLACE's first "GBA Walk Around" tour took members on a two-day, one-night "High-Tech Experiential Tour" to Zhaoqing, the largest city in the GBA. While Zhaoqing has long been renowned for tourism, it has now emerged as a significant hub for high-tech industries. Members explored Zhaoqing's high-tech industrial zone and entrepreneurial hotspots. This included a visit to the Hong Kong and Macao Youth Innovation and Entrepreneurship Base of Zhaoqing New Area, immersing members in the vibrant atmosphere of innovation and entrepreneurship. They also explored the Zhaoqing high-tech enterprise in High-tech Industrial Development Zone, gaining insights into the strategic planning and development of the zone. Additionally, the tour included visits to the nationally 5A-rated tourist attraction, Seven Star Crag, and the Zijingxi Cultural Street, that showcases various elements of Zhaoqing's Song Dynasty culture, gourmet food and cultural creativity.

In March, YO PLACE took its members to Zhuhai to understand the developments in the realm of local technology and innovation. The itinerary included the Blue Dolphin Island, which was opened to the public last year, allowing members to admire the breathtaking scenery, and the Hong Kong-Zhuhai-Macao Bridge Exhibition Hall. Afterwards, the members visited the Heung Shan TechPort. Witness the cutting-edge demonstration of Yunzhou's intelligent unmanned vessels, and personally experience the thrill of controlling an unmanned vessel. Finally, they visited the Zhuhai City Balcony, where they enjoyed panoramic views of the cityscape.



「雪龍2」號參觀活動 “Xuelong 2” Visiting Activity

中國第一艘自主設計和建造的極地科考破冰船「雪龍2」號，於4月8日首次訪港，展示國家在極地科研的實力和成果。當天YO PLACE為50個會員提供登船參觀的機會，除了可以近距離欣賞這艘極地科考破冰船外，會員們還參觀了海洋採樣室、船長艙、停機坪等設施，對極地考察有更深入的了解。

China's first domestically designed and built polar icebreaker, the “Xuelong 2”, made its inaugural visit to Hong Kong on April 8th, showcasing the nation's capabilities and achievements in polar scientific research. On that day, YO PLACE offered an opportunity for 50 members to board the ship for a tour. They could have a close encounter with the icebreaking research vessel, exploring facilities such as the ocean sampling room, captain's cabin and helipad. This rare experience provided the members with a profound understanding of polar exploration.



手工啤酒工作坊 Craft Beer Workshop



手工啤酒在香港正經歷蓬勃的發展，30多個本地品牌展現了其獨特性和本土特色的口味，吸引了越來越多青年人對這行業的關注。有見及此，YO PLACE舉辦了一個手工啤酒工作坊，特邀本地知名手工啤酒品牌HeroesBeer的創辦人Chris Wong，與YO PLACE會員分享他的創業故事、手工啤酒的釀製過程、行業的職業發展和專業資格。

Handcrafted beer has become popular in Hong Kong, with over 30 local brands offering unique flavors. To cater to this growing interest, YO PLACE hosted a craft beer workshop featuring Chris Wong, the co-founder of the renowned local brand, Heroes Beer. During the workshop, Chris shared his entrepreneurial story, insights into brewing craft beer, career opportunities in the field, and professional qualifications with the members of YO PLACE.



米埔自然遊 Mai Po Nature Reserve Eco Tour



為了增進會員對香港自然環境及可持續發展的認識，YO PLACE與會員於3月9日展開了生態之旅，到米埔自然保護區（限制區域）認識多種不同類型的濕地和生物。這次米埔自然遊，會員在專業導賞員帶領下，於觀鳥屋近距離欣賞濕地雀鳥、漫步基圍中的木橋及欣賞漁塘、紅樹林、蘆葦叢和淡水沼澤等不同類型的濕地景觀，增強對生態保護的意識和認識，探索多樣的生態環境。



To enrich member's understanding of Hong Kong's natural environment and sustainable development, YO PLACE invited its member to join an ecological journey amidst the pleasant spring breeze. Led by a professional guide, they dived into the restricted area of Mai Po Nature Reserve, where there is a myriad of wetlands and wildlife to explore. During the tour, they have the opportunity to observe the wetland birds, stroll across wooden bridges, and appreciate the diverse landscapes of the wetland, including fishponds, mangroves, reed beds, and freshwater marshes.

沙頭角榕樹凹淨灘及古村導賞活動 Coastal Cleaning and Guided Tour in Yung Shue Au Village

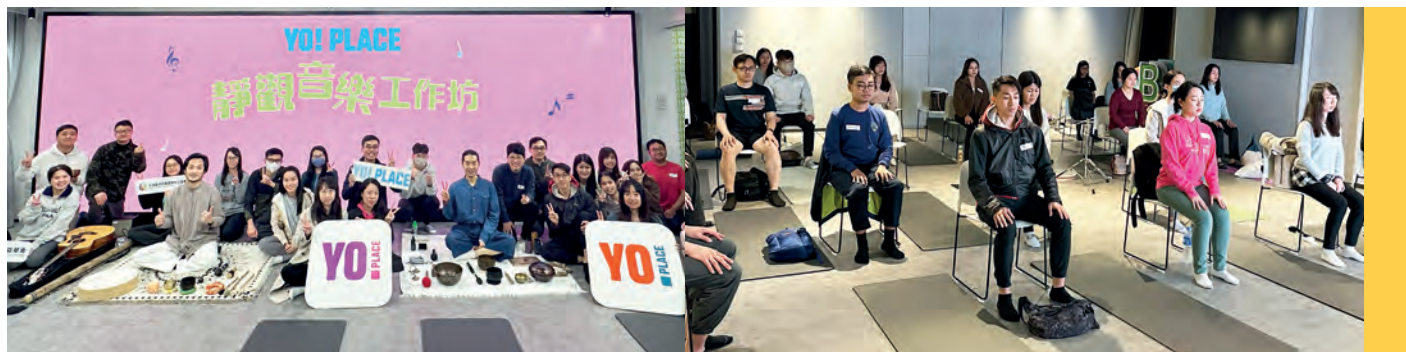
YO PLACE在2024年初舉辦以生態保育為主題的義工活動，帶領會員前往沙頭角禁區附近的「榕樹凹」村進行淨灘活動。活動當日，會員分組清理海灘上的垃圾，包括枯葉和膠樽等，共清理約50公斤的垃圾，為保育大自然出一分力，恢復海岸的美景。同時，活動亦結合了文化探索，會員親身體驗沙頭角古村的歷史，了解這個地區的文化底蘊。

In early 2024, YO PLACE organised a volunteer activity focused on ecological conservation. We led our members to the village of Yung Shue Au near the restricted area of Sha Tau Kok, for a coastal cleaning event. On the event day, members worked diligently cleaned up the coastal area. They managed to remove approximately 50 kilograms of litter, including leaves and plastic bottles. Their dedicated efforts made a significant contribution to the conservation of nature. Moreover, this activity seamlessly integrated ecological conservation with cultural exploration. Members had the privilege of personally experiencing the history of the ancient village and gaining insights into the cultural heritage of the region. This combination of ecological conservation and cultural immersion created a meaningful and enriching experience for the participants.



靜觀音樂工作坊

Mindfulness Workshop with Sound Experience



在日常生活中，我們少不免會感到壓力，學懂處理壓力對個人的身心健康都會帶來好處。有見及此，YO PLACE為會員舉辦了靜觀音樂工作坊，邀請了專業靜觀導師及音樂導師，教導會員們了解正念及禪修概念，並以靜觀聲音練習配合，學懂在緊張和急促的生活節奏中慢下來，調整情緒。

In the hustle and bustle of our daily lives, stress often finds its way into our path. However, mastering the art of stress management can profoundly impact our personal well-being, both physically and mentally.

Recognising the significance of this, YO PLACE organised an enlightening Mindfulness Music Workshop for members. Professional mindfulness and music instructors were invited to guide participants through a transformative journey, delving into the depths of mindfulness and meditation. Through the practice of mindful listening exercises, members learned how to slow down and regulate their emotions amidst the fast-paced and hectic rhythms of life.



維港夜跑體驗班 Harbour Night Run Experience Class

為了讓會員學習正確的跑姿，YO PLACE在4月19日特意邀請了全城街馬的專業跑步教練，向會員傳授跑步的基本姿勢。此外，會員們還在維港海傍進行夜跑。參與會員都認為這次活動不僅讓他們掌握了正確的跑步技巧，而且透過跑步也能釋放壓力。

Running is a popular activity, YO PLACE has invited a professional running coach from RunOurCity to guide its members on a night run along the stunning Victoria Harbour on 19 April. Apart from relieving stress through exercise, participants also learned the essential principles of proper running posture.

灣區周圍Vlog New Stories Featured in Vlog Around GBA



Dicky透過華潤集團 Management Trainee Programme到廣州工作，並於不同部門進行實習。今次的影片中，他跟我們分享了他在南沙工作的經歷和故事，更會與大家分享當地有什麼便利港人的設施，以及去灣區內地城市發展的建議！

Dicky embarked on a professional journey in Guangzhou by participating in the China Resources Group Management Trainee

Programme, where he gained practical experience across different departments. In this video, he shares his work, life and other stories in Nansha. Notably, he emphasises the convenient facilities available to Hong Kong people in the region. Additionally, Dicky offers valuable insights and recommendations for those individuals who aspire to pursue career opportunities in GBA mainland cities.



▲
觀看影片系列：
Watch the video series:
<http://bit.ly/3i4CRy1>

助青年 創明天
FOR OUR YOUTH FOR OUR FUTURE

GBA Youth



YO PLACE



大灣區共同家園青年公益基金
Greater Bay Area Homeland Youth Community Foundation



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